

# Character Arc Worksheet

*A comprehensive guide to character development and transformation*

## Character Information

Character Name: \_\_\_\_\_

Story Title: \_\_\_\_\_

Role in Story: \_\_\_\_\_

Character Archetype: \_\_\_\_\_

One-sentence description: \_\_\_\_\_

\_\_\_\_\_

## 1. INITIAL CHARACTER STATE

*Establish your character's flaws, beliefs, and goals at the beginning of their journey*

**Character Flaws:** *What weaknesses hold your character back?*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Core Beliefs:** *What misconceptions does your character hold about the world?*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Initial Goals:** *What does your character think they want at the beginning?*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## 2. CHARACTER WANTS VS. NEEDS

*Define the conflict between superficial desires and deeper requirements for growth*

**What They Want:** *Surface-level, conscious desires*

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**What They Need:** *True requirements for fulfillment and transformation*

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**Conflict Between Wants/Needs:** *How do these opposing forces create tension?*

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### 3. MAJOR TURNING POINTS

*Identify crucial moments that challenge your character's beliefs and force growth*

**Turning Point 1:** *First challenge to character's worldview*

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**Turning Point 2:** *Major crisis requiring difficult choice*

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**Turning Point 3:** *Final confrontation proving transformation*

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### 4. GROWTH MOMENTS

*Track smaller victories and revelations that build toward major transformation*

**Small Victories:** *Incremental changes in behavior or outlook*

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**Key Revelations:** *Moments of crucial insight or self-awareness*

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**Application of Learning:** *How character implements new understanding*

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## 5. INTERNAL CONFLICTS

*Explore the psychological battles happening within your character*

**Primary Internal Struggle:** *Main psychological conflict*

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**Fear vs. Desire:** *Forces that pull the character in opposite directions*

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**Old Self vs. New Self:** *Resistance to change vs. pull toward growth*

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## 6. EXTERNAL CONFLICTS

*Identify outside forces that test and shape character development*

**Character vs. Other Characters:** *Relationships that challenge growth*

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**Character vs. Environment:** *External circumstances forcing change*

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**Catalytic Events:** *Specific incidents that trigger transformation*

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## 7. FINAL TRANSFORMATION

*Summarize how your character has evolved by the story's conclusion*

**Changes in Worldview:** *New beliefs replacing old misconceptions*

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**Capabilities Gained:** *New strengths, skills, or wisdom acquired*

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**Elements That Remained:** *Core aspects that stayed constant*

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**New Normal:** *Character's transformed approach to life and challenges*

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### Character Arc Summary

*In one paragraph, describe your character's complete arc:*

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